

Public Stigma – What people do to us

Self stigma – what we do to ourselves

Fix public stigma – contact stories of recovery

To fix self-stigma – replace with empowerment

Stigma is prejudice and discrimination

Update for WISE Basics:

1. Update slides with data to convey research more clearly
2. Simplify the amount of research shared
3. Get a list of the articles that are cited in the charts in the presentation from Corrigan.